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Press Release

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Meet Myra Goodman, Co-Owner of Earthbound Organics and Author

Myra Goodman turns to Chicago's leaders of organic and sustainably-grown food and wine to launch her full color cookbook, *Food to Live By*. Event includes a four-course menu featuring Goodman's recipes with wine pairings.

CHICAGO... ChicaGourmets! extends an open invitation to members and guests to meet and mingle with Myra Goodman on Monday, January 8, 2007. Goodman is the co-owner of Earthbound Farm, founded in 1984 and now North America's largest grower and shipper of organic produce. Her new cookbook celebrates a revolution of farming, eating, and health, twenty years in the making. The event includes a tour of one of the Midwest's largest organic produce warehouses a four course luncheon at Bistro Campagne, complete with wine pairings, and a signing of Goodman's full-color cookbook, *Food to Live By*. Tickets cost \$39. Warehouse tours begin at Goodness Greeness at 10:30 and 11:15, followed by lunch at Bistro Campagne at 12:30. Space is limited and the event is expected to sell out.

Event hosts, ChicaGourmets!, Goodness Greeness, Bistro Campagne, and Candid Wines, join forces to transform a book signing into a full-fledged organic food and wine experience. Beginning with a tasting of seasonal organic fruits and juices at Goodness Greeness, guests will have the rare opportunity to tour one of the Midwest's largest hubs for organic produce, a 25,000 square foot facility. Guests will then proceed to Bistro Campagne, where Chef-Owner Michael Altenberg, renowned for his strong support of organic and local agriculture, will be preparing a menu of recipes from Goodman's book, featuring organic ingredients. Each of Chef Altenberg's courses will be expertly paired with small production wines made from organic and sustainably-grown grapes from the portfolio of Candid Wines. Over the course of the tour and luncheon, Goodman will share her experiences as founder and co-owner of one of the world's leading organic companies.

For more information or to reserve a place, contact Donald Newcomb of ChicaGourmets! at 708-7543, donaldnewcomb@comcast.net, or www.chicagourmets.org.

Goodness Greeness is the Midwest's leading supplier of fresh, organic food and the largest privately held organic distributor in the country. Founded in 1991 by CEO Robert Scaman and his brothers, Rodney and Rick, Goodness Greeness employs over 75 people at their warehouse in the Englewood neighborhood of Chicago. The company directly supplies over 300 stores that include the region's largest supermarkets and independent retailers. Goodness Greeness is committed to supplying its customers with the finest organic food from around the world, while at the same time furthering its purchases from the Midwest's small-scale organic farmers. Goodness Greeness has developed a private label brand of local organic food that is distributed to Midwest area retailers.